



## Events Programme

### 6<sup>th</sup> Asian Beach Games, Sanya, Hainan, China, 2026



No.	Sport	Discipline	Event	Total
1	Aquatics	Open Water Swimming	Men's 5KM (1 event)	3
			Women's 5KM (1 event)	
			Mixed 4x1.5KM Relay (1 event)	
		Water Polo	Men's (1 event)	2
			Women's (1 event)	
2	Basketball	3x3 Basketball	Men's (1 event)	2
			Women's (1 event)	
3	Beach Athletics		Men's: 60M, 4x60M Relay, High Jump, Long Jump, Shot Put (5 events)	10
			Women's: 60M, 4x60M Relay, High Jump, Long Jump, Shot Put (5 events)	
4	Dragon Boat		Men's: Small Boat (12) 100M Straight Race, Small Boat (12) 200M Straight Race, Small Boat (12) 400M Straight Race (3 events)	6
			Women's: Small Boat (12) 100M Straight Race, Small Boat (12) 200M Straight Race, Small Boat (12) 400M Straight Race	

No.	Sport	Discipline	Event	Total
			(3 events)	
5	Football	Beach Soccer	Men's (1 event)	2
			Women's (1 event)	
6	Handball	Beach Handball	Men's (1 event)	2
			Women's (1 event)	
7	Ju-Jitsu		Men's 62KG, 69KG, 77KG (3 events) Women's 52KG, 57KG, 63KG (3 events)	6
8	Kabaddi	Beach Kabaddi	Men's (1 event)	2
			Women's (1 event)	
9	Sailing		Men's: Foil Windsurfing Boy (born in or after 2006) Optimist Boy (born in or after 2011) ILCA4 Boy (born in or after 2009) Formula Kite Men (4 events)	8
			Women's: Foil Windsurfing Girl (born in or after 2006) Optimist Girl (born in or after 2011) ILCA4 Girl (born in or after 2009) Formula Kite Women (4 events)	
10	Sport Climbing	Speed	Men's: Record Format Record Format Relay (2 events)	4
			Women's: Record Format Record Format Relay (2 events)	
11	Taqball		Men's Double (1 event)	3
			Women's Double (1 event)	

No.	Sport	Discipline	Event	Total
			Mixed Double (1 event)	
12	Triathlon	Aquathlon	Men's Individual: Run (2.5KM) - Swim (1000M) - Run (2.5KM) (1 event)	3
			Women's Individual: Run (2.5KM) - Swim (1000M) - Run (2.5KM) (1 event)	
			Mixed 4x Relay: Run (1.25KM) - Swim (500M) - Run (1.25KM) (per leg) (1 event)	
13	Volleyball	Beach Volleyball	Men's (1 event)	2
			Women's (1 event)	
14	Wrestling	Beach Wrestling	Men's 70KG, 80KG, 90KG, +90KG (4 events) Women's 50KG, 60KG, 70KG, +70KG (4 events)	8
Total: 14 sports, 15 disciplines, and 63 events.				